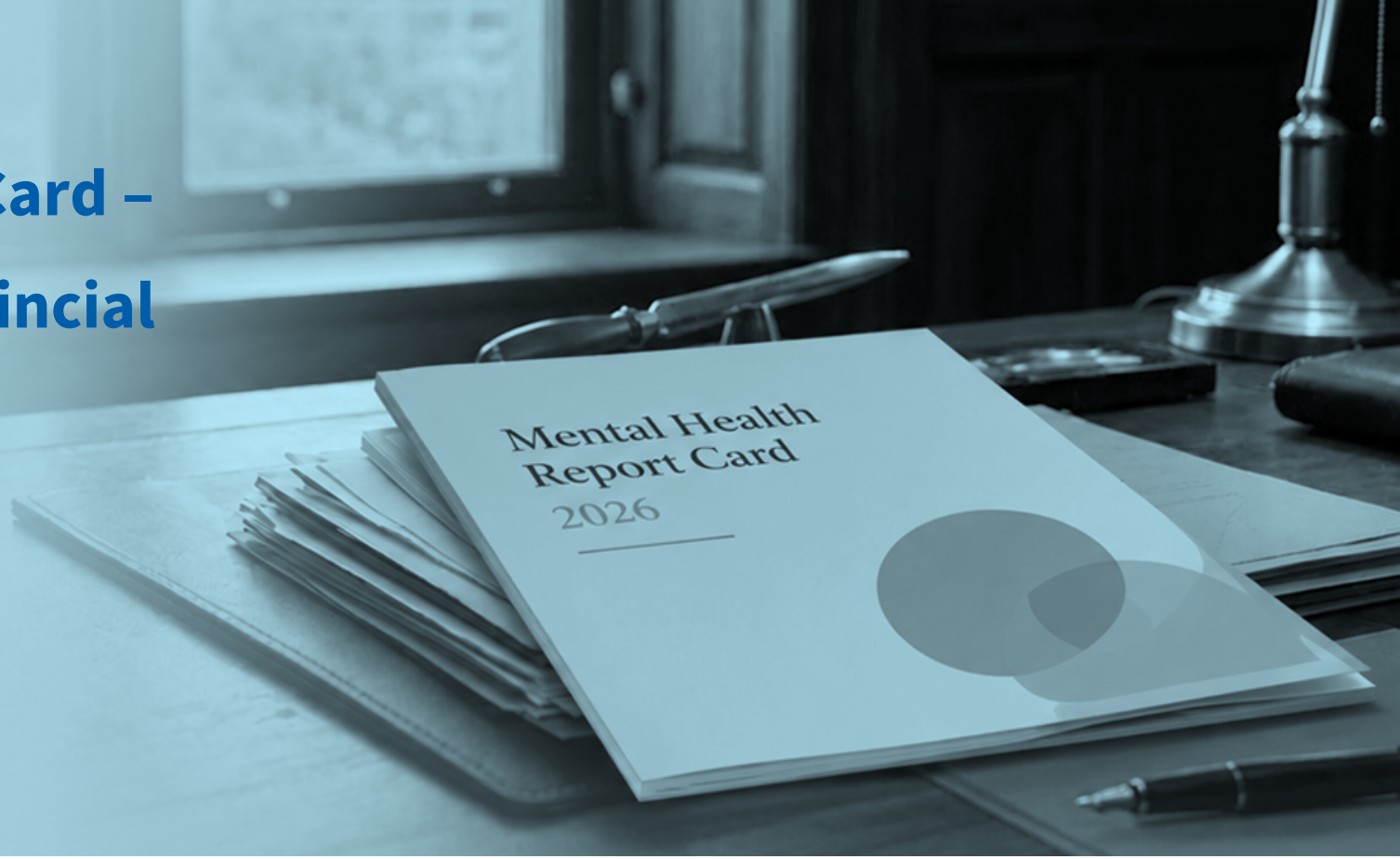
4TH Annual Mental Health & Substance Use Health Report Card –

Canadians Grade Federal-Provincial Performance



CANADIAN ALLIANCE ON MENTAL ILLNESS AND MENTAL HEALTH

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Canadian Alliance on Mental Illness and Mental Health
August 2026

CAMIMH

Formed in 1998, the Canadian Alliance on Mental Illness and Mental Health is the national voice for mental health in Canada. CAMIMH is a member-driven alliance of 14 mental health and substance use health organizations comprised of people with lived or living experience, their families and caregivers, and health care providers.

Our **Vision**: We envision a country where the people of Canada enjoy good mental health and substance use health.

Our **Mission**: Canadians with lived and living experience of mental health and substance use health problems, their families and caregivers must have timely access to care, support and respect to which they are entitled and in parity with other (physical) health conditions.

Our members are:

Canadian Association of Occupational Therapists
Canadian Association of Social Workers
Canadian Counselling and Psychotherapy Association
Canadian Federation of Mental Health Nurses
Canadian Medical Association (Office of Public Health)
Canadian Mental Health Association
Canadian Psychiatric Association
Canadian Psychological Association
Community Addiction Peer Support Association
Medical Psychotherapy Association of Canada
National Initiative for Eating Disorders
National Network for Mental Health
Psychosocial Rehabilitation Canada
Schizophrenia Society of Canada

For more information on our activities, please go to www.CAMIMH.ca.

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Founded in 1980, Pollara Strategic Insights is one of Canada's premier full-service research firms – a collaborative team of senior research veterans who are passionate about conducting research through hands-on creativity and customized solutions. For more information, please visit www.pollara.ca.

Methodology

- **Methodology**: This online survey was conducted by Pollara Strategic Insights with a sample of 4,044 adult Canadians. This is the fourth annual survey in CAMIMH's Mental Health and Substance Use Health Report Card Tracker. The first survey was conducted in March 2023; however, it used a different series of questions that does not lend itself to a comparison to the question that were asked from 2024-2026. The study information, as well as the provincial base sizes are listed below.
- **Weighting**: National results have been weighted by the most current census data in terms of gender, age, & region to ensure the total sample is representative of the population as a whole.

Survey #	Interview Dates	Number of Interviews	Margin of Error
2	November 1 to 16, 2023	3,224	±1.7%
3	October 24 to November 12, 2024	8,211	±1.1%
4	April 29 to May 13, 2026	4,044	±1.5%

Prince Edward Island was not included in the *analysis due to its small sample size (n = <50)*

Poll 4 Regions	Number of Interviews (unweighted)	Margin of Error
British Columbia	**524**	±4.3%
Alberta	**528**	±4.3%
Manitoba	**204**	±6.9%
Saskatchewan	**202**	±6.9%
Ontario	**1,375**	±2.6%
Quebec	**887**	±3.3%
Nova Scotia	**134**	±8.5%
New Brunswick	**119**	±9.0%
Newfoundland	**50**	±13.9%

Methodology – cont'd

- **Grade Scoring:** Each question is rated on a 10-point scale, with 1 indicating the lowest rating and 10 indicating the highest. Category scores reflect the average rating of all statements within that category, while the overall score represents the average of the four category scores.
- **Grades:** The letter grades represent the following scores:

Letter Grade	Score
A+	9.0 - 10
A	8.0 – 8.9
B	7.0 – 7.9
C	6.0 – 6.9
D	5.0 – 5.9
F	1.0 – 4.9

- **Access Scores**: These are the average scores among those who have accessed mental health services (for mental health attributes) or substance use services (for substance use health attributes) in the past 12 months.

⬆⬇ Score has increased / decreased since last year's report card (2025).

Methodology – cont'd

Measuring Alcohol Use

- **The Alcohol Use Disorders Identification Test (AUDIT)** is used in this report to explore drinking patterns and behaviours, assessing alcohol intake, consequences as a result of alcohol consumption, and potential for dependence. This screener is validated for use in self-reported contexts.
- Scores on this 10-item questionnaire range between 0 and 40, with scores higher than 15 indicating dependent behaviours.

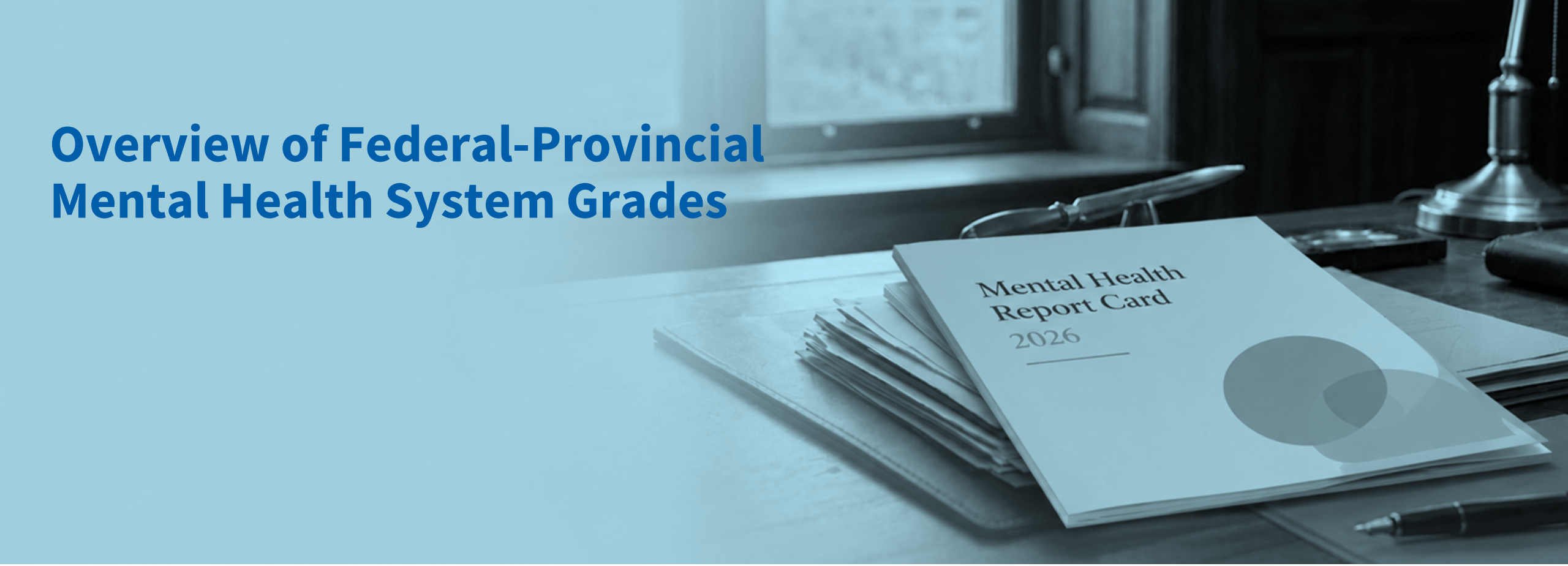
Low Risk	Harmful	Dependent
1 – 7	8 – 14	15 or more

Measuring Cannabis Use

- **The Cannabis Use Disorder Test (CUDIT-r)** is used in this report to identify individuals who have been using cannabis in harmful or problematic ways in the last six months. This screener is validated for use in self-reported contexts
- Scores on this 8-item questionnaire range between 0 to 31, with scores above 12 indicating dependent behaviours.

Normal	Hazardous	Disorder
0 – 7	8 – 11	1 or more

Overview of Federal-Provincial Mental Health System Grades



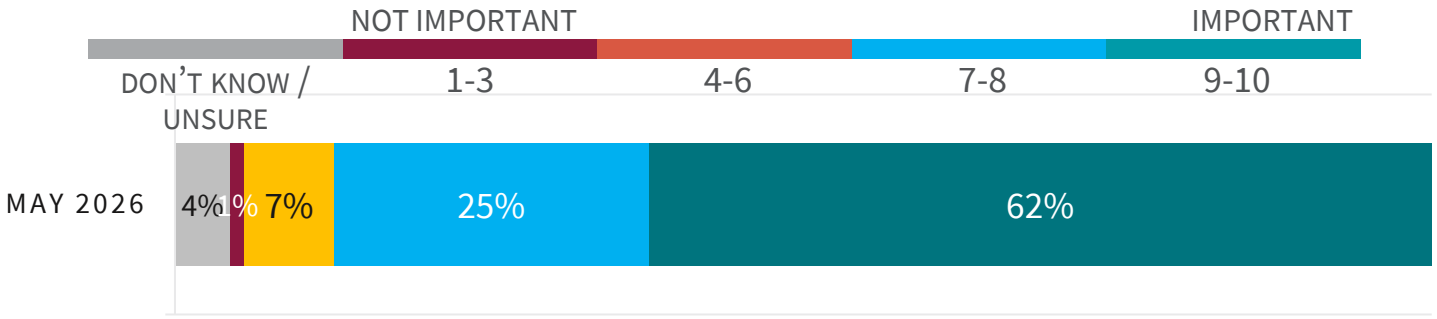
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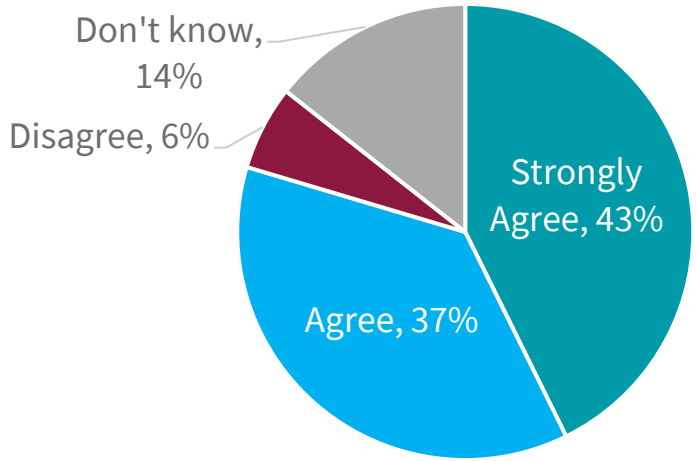
Access to mental health care services and providers is important

- Almost nine-in-ten (87%) of Canadians consider timely access to mental health care services to be important, with almost two-thirds saying this is very important (62% rating it 9-10).
- Four-fifths (80%) agree that provincial governments should hire more mental health care providers to improve access to care, with 43% agreeing strongly and only 6% disagreeing.

Importance of Timely Access to Mental Health Care Services



Support for Provinces to Hire More Mental Health Care Providers to Improve Access



E1. How important do you think it is for Canadians to have timely access to mental health care services? E5. Do you think your provincial government needs to hire more mental health/ care providers to improve access to care? Base: (Total n= 4,044)

Key Findings: Federal and Provincial governments continue to fail Canadians when it comes to mental health care services

- Overall, Canada's "Total Mental Health Score" across the four categories of Access, Public Confidence, Satisfaction and Effectiveness is **F**, with three provinces reverting back to F (2025) from D (British Columbia, Manitoba and Ontario)

- **84%** of the ratings fall into the category of **F**, and **16%** as **D**. Of the 11 grades that changed year-over-year, only 1 improved from F to D, the others went from D to **F**. There are no ratings in the A, B or C range

- In 8 out 9 provinces, Canadians gave the federal government an **F** in focusing on improving access to mental health care services for all

- Across-the-board, all provinces received an **F** for :
  - Current wait times to access publicly-funded mental health care services
  - Providing similar/equal access to mental health services compared to physical health care
  - Governments are doing enough to evaluate if mental health care services are working

- 1 province (Newfoundland and Labrador) received **Fs** across all categories

- The one category where provinces received a majority of **Ds** (6) was when Canadians were asked about the confidence that you would be able to find the mental health care service(s) you need in a timely manner

Key Findings: Federal and Provincial governments continue to fail Canadians when it comes to mental health care services – cont'd

- Those who had accessed mental health services in the past year did not feel more positively about them. While public confidence received a **D**, all other factors were rated as an **F**
- Younger Canadians 18-34, and males, provide a slightly higher rating (**D**) across all four categories of Access, Public Confidence, Satisfaction and Effectiveness. However, ratings across three categories have declined for those 35 and older
- Visible minorities provide a higher rating (**D**) across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- 2SLGBTQ+ communities provide a lower rating (**F**) across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Those with an alcohol dependency score mental health care services higher (**D/C**) across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Those with a cannabis disorder score most mental health care services higher (**D**) across all four categories of Access, Public Confidence, Satisfaction and Effectiveness

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Mental health care services receives a failing grade from coast-to-coast

	Total	BC	AB	SK	MB	ON	QC	NS	NB	NL	Accessed*
Base Size	4044	524	528	207	212	1323	865	131	112	49	648
Access – Total Score	F	F ↓	F	F	F ↓	D ↓	F	F	F	F	F
Canadians' overall ability to access publicly-funded mental health care services	D	D	D	D	F ↓	D	F ↓	D	D ↑	F	D
Current wait times to access publicly-funded mental health care services	F	F	F	F	F	F	F	F	F	F	F
Province in providing similar/equal access to mental health services compared to physical health care	F	F	F	F	F	F	F	F	F	F	F
Public Confidence – Total Score	D	D	D	F ↓	D	D	F ↓	F	D	F	D
Confidence that you would be able to find the mental health care service(s) you need in a timely manner	D	D	D	D	D	D	D	F	D	F	D
Belief that all governments are serious about improving access to mental health care services in the future	F	D	F	F	F ↓	F ↓	F	F	F	F	F
Satisfaction – Total Score	F	F ↓	F	F	D	F	F	F	F	F	F
Satisfaction that your provincial government is focused on providing access to mental health care services to all residents	F	D	F	F	D	F ↓	F	F	F	F	F
Satisfaction with your provincial government when it comes to accessing a mental health care provider	F	F ↓	F	F	D	F	F	F	F	F	F
Satisfaction that the federal government is focused on improving access to mental health care services for all	F	F ↓	F	F	F ↓	D	F	F	F	F	F
Effectiveness – Total Score	F	F	F	F	F	F	F	F	F	F	F
Thinks that governments are doing enough to evaluate if mental health care services are working	F	F	F	F	F	F	F	F	F	F	F
TOTAL MENTAL HEALTH SCORE	F	F	F	F	F	F	F	F	F	F	F

*Accessed Mental Health Care Services in the past year

GRADE: A+ (9-10) | A (8) | B (7) | C (6) | D (5) | F (1-4)

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

E2: How would you rate Canadians' overall ability to access publicly-funded mental health care services (i.e., a service in which you do not have to pay for) in your province? E3: How would you rate current wait times to access publicly-funded mental health care services? E4: How would you rate your province in providing similar or equal access to mental health services compared to physical health care? E6: If you needed help, how confident are you that you would be able to find the mental health care service(s) you need in a timely manner? E7: Do you believe that all governments are serious about improving access to mental health care services in the future? E8: How satisfied are you that your provincial government is focused on providing access to mental health care services to all residents? E9: How satisfied are you with your provincial government when it comes to accessing a mental health care provider? E10: How satisfied are you that the federal government is focused on improving access to mental health care services for all? E11: Do you think that governments are doing enough to evaluate if mental health care services are working?

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18-34-year-olds and Men feel more positively about mental health care services

Mental Health Score Summary—Age and Gender

	TOTAL	16-17	18-34	35-54	55+	Male	Female
Base Size	*4044*	*81*	*1069*	*1319*	*1575*	*2007*	*2010*
ACCESS—Total Score	**4.6**	**4.9**	**5.3**	**4.6**	**4.2**	**5.1**	**4.2**
Canadians' **overall ability to access publicly-funded mental health care services**	**5.3**	6.1	5.7	5.2	5.2	5.7	5.0
Current **wait times** to access publicly-funded mental health care services	**4.1**	3.6	4.8	4.1	3.5	4.6	3.6
Province in **providing similar/equal access to mental health services** compared to physical health care	**4.5**	4.9	5.3	4.4	4.0	5.0	4.1
PUBLIC CONFIDENCE—Total Score	**5.1** ↓	**5.0**	**5.5**	**5.0** ↓	**5.0**	**5.5**	**4.8**
Confidence that you would be able to find the mental health care service(s) you need in a **timely manner**	**5.5**	5.7	5.8	5.4	5.3 ↓	5.9	5.2
Belief that all gov'ts are serious about **improving access** to mental health care services in the future	**4.7** ↓	4.2	5.2	4.6	4.6	5.1 ↓	4.4
SATISFACTION—Total Score	**4.7**	**5.4**	**5.3**	**4.5** ↓	**4.4**	**5.1**	**4.3**
Satisfaction that your prov. gov't is focused on providing **access to mental health care services to all residents**	**4.7** ↓	5.5	5.2 ↓	4.5 ↓	4.3 ↓	5.1 ↓	4.3 ↓
Satisfaction with your prov. gov't when it comes to **accessing a mental health care provider**	**4.6** ↓	5.3	5.3	4.4 ↓	4.2 ↓	5.0 ↓	4.2
Satisfaction that the fed. gov't is focused on **improving access to mental health care services for all**	**4.8**	5.5	5.5	4.6	4.4	5.1	4.4
EFFECTIVENESS—Total Score	**4.5**	**4.9**	**5.1**	**4.3** ↓	**4.1**	**4.9**	**4.1**
Thinks that governments are **doing enough to evaluate** if mental health care services are working	**4.5**	4.9	5.1	4.3 ↓	4.1	4.9	4.1
TOTAL MENTAL HEALTH SCORE	**4.7** ↓	**5.1**	**5.3**	**4.6** ↓	**4.4**	**5.2**	**4.4**

↑↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

E2: How would you rate Canadians' overall ability to access publicly-funded mental health care services (i.e., a service in which you do not have to pay for) in your province? E3: How would you rate current wait times to access publicly-funded mental health care services? E4: How would you rate your province in providing similar or equal access to mental health services compared to physical health care? E6: If you needed help, how confident are you that you would be able to find the mental health care service(s) you need in a timely manner? E7: Do you believe that all governments are serious about improving access to mental health care services in the future? E8: How satisfied are you that your provincial government is focused on providing access to mental health care services to all residents? E9: How satisfied are you with your provincial government when it comes to accessing a mental health care provider? E10: How satisfied are you that the federal government is focused on improving access to mental health care services for all? E11: Do you think that governments are doing enough to evaluate if mental health care services are working?

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While visible minorities feel more positively about mental health care services, 2SLGBTQ+ are less positive

Mental Health Score Summary—Visible Minority

	TOTAL	Visible Minority	Not Vis/Min	2SLGBTQ+	Not 2SLGBTQ+
Base Size	*4044*	*624*	*3420*	*299*	*3745*
ACCESS—Total Score	**4.6**	**5.2** ↓	**4.5**	**4.0**	**4.7**
Canadians' **overall ability to access publicly-funded mental health care services**	**5.3**	5.7 ↓	5.3	4.5	5.4
Current **wait times** to access publicly-funded mental health care services	**4.1**	4.7 ↓	4.0	3.5	4.1
Province in **providing similar/equal access to mental health services** compared to physical health care	**4.5**	5.1 ↓	4.4	4.0	4.6
PUBLIC CONFIDENCE—Total Score	**5.1** ↓	**5.5** ↓	**5.1**	**4.6**	**5.2** ↓
Confidence that you would be able to find the mental health care service(s) you need in a **timely manner**	**5.5**	5.8 ↓	5.4	5.0	5.5 ↓
Belief that all gov'ts are serious about **improving access** to mental health care services in the future	**4.7** ↓	5.1 ↓	4.7	4.0	4.8 ↓
SATISFACTION—Total Score	**4.7**	**5.1**	**4.6**	**4.0**	**4.7**
Satisfaction that your prov. gov't is focused on providing **access to mental health care services to all residents**	**4.7** ↓	5.1 ↓	4.6 ↓	3.9 ↓	4.7 ↓
Satisfaction with your prov. gov't when it comes to **accessing a mental health care provider**	**4.6** ↓	5.0 ↓	4.5	3.8	4.6 ↓
Satisfaction that the fed. gov't is focused on **improving access to mental health care services for all**	**4.8**	5.3 ↓	4.7	4.4	4.8
EFFECTIVENESS—Total Score	**4.5**	**4.9** ↓	**4.4**	**3.9**	**4.5**
Thinks that governments are **doing enough to evaluate** if mental health care services are working	**4.5**	4.9 ↓	4.4	3.9	4.5
TOTAL MENTAL HEALTH SCORE	**4.7**	**5.2** ↓	**4.7**	**4.1**	**4.8**

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

E2: How would you rate Canadians' overall ability to access publicly-funded mental health care services (i.e., a service in which you do not have to pay for) in your province? E3: How would you rate current wait times to access publicly-funded mental health care services? E4: How would you rate your province in providing similar or equal access to mental health services compared to physical health care? E6: If you needed help, how confident are you that you would be able to find the mental health care service(s) you need in a timely manner? E7: Do you believe that all governments are serious about improving access to mental health care services in the future? E8: How satisfied are you that your provincial government is focused on providing access to mental health care services to all residents? E9: How satisfied are you with your provincial government when it comes to accessing a mental health care provider? E10: How satisfied are you that the federal government is focused on improving access to mental health care services for all? E11: Do you think that governments are doing enough to evaluate if mental health care services are working?

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Those likely to have alcohol or cannabis dependencies score mental health care services higher

Mental Health Score Summary —Alcohol and Cannabis Dependency

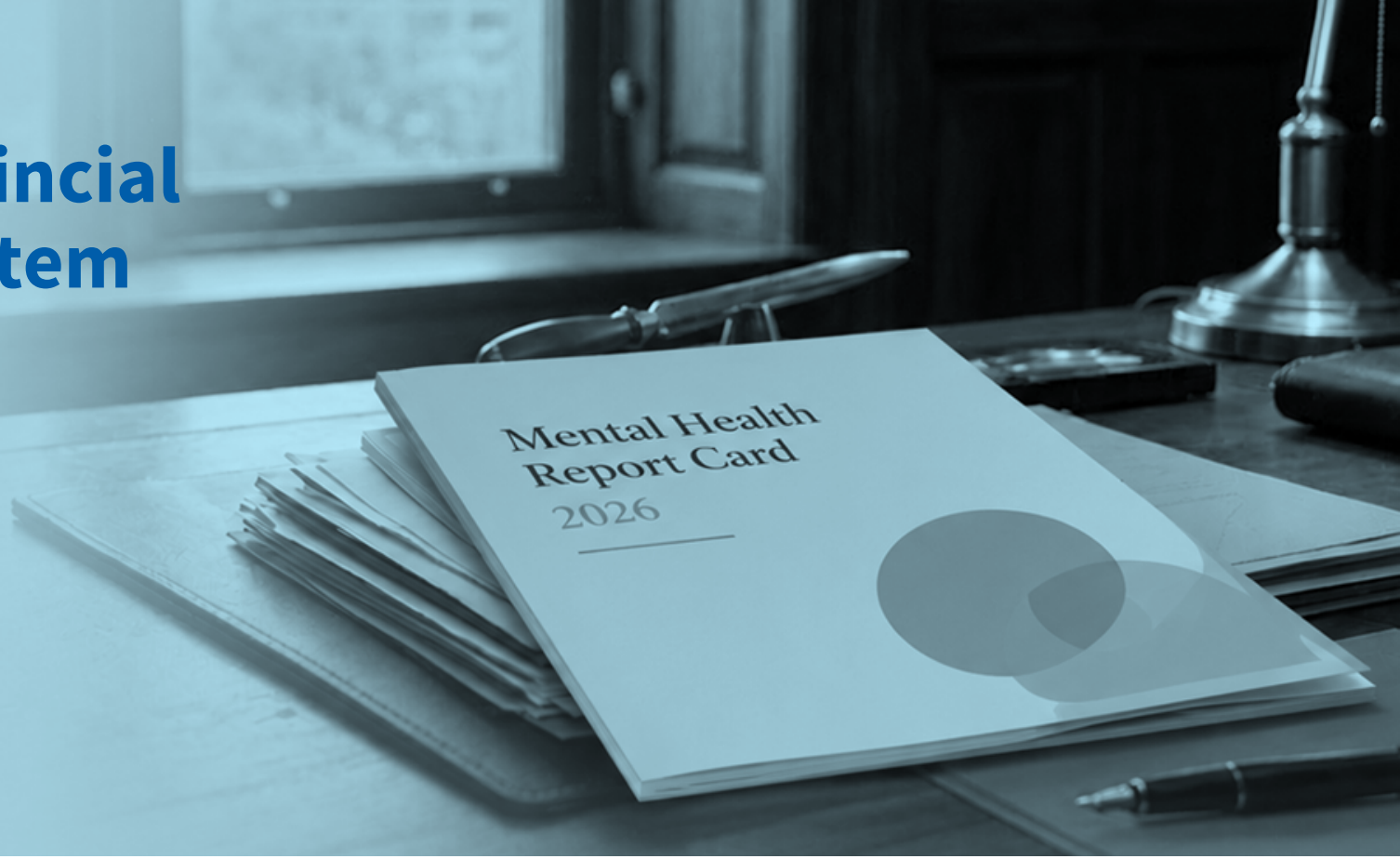
	TOTAL	ALCOHOL DEPENDENCY			CANNABIS DEPENDENCY		
		None	Harmful	Dependent	Normal	Hazardous	Disorder
Base Size	*4044*	*3491*	*322*	*231*	*3654*	*154*	*236*
ACCESS—Total Score	**4.6**	**4.5**	**5.2**	**5.9**	**4.5**	**4.7**	**5.9** ↓
Canadians' **overall ability to access publicly-funded mental health care services**	**5.3**	5.2	5.7	6.2	5.3	5.2 ↓	6.3
Current **wait times** to access publicly-funded mental health care services	**4.1**	3.9	4.7	5.7	3.9	4.4	5.6 ↓
Province in **providing similar/equal access to mental health services** compared to physical health care	**4.5**	4.4	5.1	5.9	4.4	4.7	6.0
PUBLIC CONFIDENCE—Total Score	**5.1** ↓	**5.1**	**5.4**	**6.1**	**5.1**	**5.1**	**5.8** ↓
Confidence that you would be able to find the mental health care service(s) you need in a **timely manner**	**5.5**	5.4	5.8	6.1	5.5	5.3	6.0 ↓
Belief that all gov'ts are serious about **improving access** to mental health care services in the future	**4.7** ↓	4.6 ↓	5.0	6.0	4.7	4.7	5.8 ↓
SATISFACTION—Total Score	**4.7**	**4.5**	**5.1**	**5.9**	**4.6**	**4.6**	**5.7** ↓
Satisfaction that your prov. gov't is focused on providing **access to mental health care services to all residents**	**4.7** ↓	4.5 ↓	5.0	5.9 ↓	4.6	4.5 ↓	5.7 ↓
Satisfaction with your prov. gov't when it comes to **accessing a mental health care provider**	**4.6** ↓	4.4 ↓	5.1	6.0	4.5	4.3 ↓	5.8 ↓
Satisfaction that the fed. gov't is focused on **improving access to mental health care services for all**	**4.8**	4.6	5.1	5.9	4.7	5.0	5.7 ↓
EFFECTIVENESS—Total Score	**4.5**	**4.3**	**5.0**	**5.8**	**4.4**	**4.6**	**5.7** ↓
Thinks that governments are **doing enough to evaluate** if mental health care services are working	**4.5**	4.3	5.0	5.8	4.4	4.6	5.7 ↓
TOTAL MENTAL HEALTH SCORE	**4.7**	**4.6**	**5.2**	**5.9**	**4.7**	**4.8**	**5.8** ↓

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

E2: How would you rate Canadians' overall ability to access publicly-funded mental health care services (i.e., a service in which you do not have to pay for) in your province? E3: How would you rate current wait times to access publicly-funded mental health care services? E4: How would you rate your province in providing similar or equal access to mental health services compared to physical health care? E6: If you needed help, how confident are you that you would be able to find the mental health care service(s) you need in a timely manner? E7: Do you believe that all governments are serious about improving access to mental health care services in the future? E8: How satisfied are you that your provincial government is focused on providing access to mental health care services to all residents? E9: How satisfied are you with your provincial government when it comes to accessing a mental health care provider? E10: How satisfied are you that the federal government is focused on improving access to mental health care services for all? E11: Do you think that governments are doing enough to evaluate if mental health care services are working?

Overview of Federal-Provincial Substance Use Health System Grades



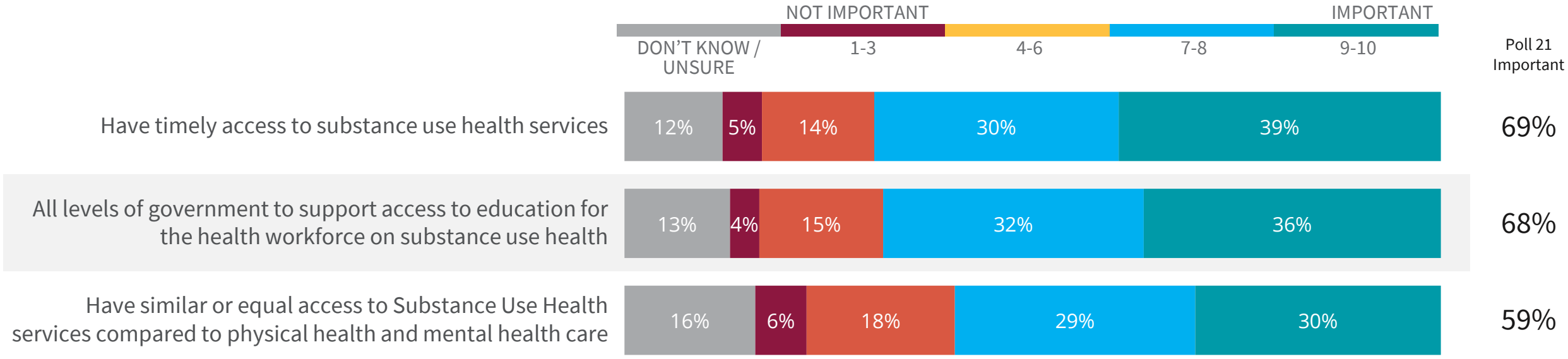
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Access to substance use health care services is important to Canadians

- More than two-thirds (69%) of Canadians believe it is important to have access to timely substance use health services, with 39% finding this to be very important.
- A similar proportion (68%) believes it is important for government to support access to education for the health workforce on substance use health.
- Three-fifths (59%) of Canadians believe access to substance use health services should be similar or equal to access to physical or mental health services.

Importance Of Substance Use Health Services



E12. How important do you think it is for Canadians to have timely access to substance use health services? E14: How important do you think it is for Canadians to have similar or equal access to Substance Use Health services compared to physical health and mental health care? E16: How important do you think it is for all levels of government to support access to education for the health workforce on substance use health? Base: (Total n=4,044)

Key Findings: Federal and Provincial governments continue to receive poor or failing grades for substance use health services

- Overall, Canada's "Total Substance Use Health Score" across the four categories of Access, Public Confidence, Satisfaction and Effectiveness is **D**, with 2 provinces receiving an **F** grade (Newfoundland and Labrador and Nova Scotia)

- British Columbia was the only province that received **Ds** in all categories

- **60%** of the ratings fall into the category of **D**, 37% **F**, and 3% **C**. Of the 23 grades that changed year-over-year, 15 went from D to **F**, the other went from F to **D**. There are no ratings in the A or B category

- Provincially, there were some differences:
  - In Newfoundland & Labrador, the satisfaction scores increased from F to **D**
  - In New Brunswick the access, satisfaction, and overall scores are up to **D** from F
  - In Nova Scotia, the access and satisfaction scores declined to **F** from D
  - In Quebec and Ontario, the satisfaction scores moved to an **F** while the overall score remains a **D**
  - In Ontario and Manitoba, the effectiveness scores moved from a D to an **F**

- Those who have used substance use health services feel more positively about them, give them a **C** grade overall

Key Findings: Federal and Provincial governments continue to receive poor or failing grades for substance use health services – cont'd

- Canadians under 35 years of age, and males, feel more positively across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Compared to the overall scores, visible minorities provide slightly higher ratings of Ds for substance use health services across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Compared to the overall scores, 2SLGBTQ+ communities feel less positively about substance use health services with ratings of Fs and Ds across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Compared to the overall scores, those with an alcohol dependency feel more positively about substance use health services with ratings of Cs and Ds across all four categories of Access, Public Confidence, Satisfaction and Effectiveness
- Compared to the overall scores, those with a cannabis dependency feel more positively about substance use health services with ratings of Cs and Ds across the categories of Access and Public Confidence

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Substance use health care services receives a poor or failing grade across Canada. Those who have accessed these services feel more positively

	Total	BC	AB	SK	MB	ON	QC	NS	NB	NL	Accessed*
Base Size	4044	524	528	207	212	1323	865	131	112	49	78
Access – Total Score	D	D	D	D	D	D	D	F ↓	D ↑	F	C
Rating of Canadians' overall ability to access to publicly-funded substance use health services	D	D	D	D	D	D	D	F	D ↑	F	C
Confidence that you would be able to find a health service in your province for your Substance Use Health concerns	D	D	D	D	D	D	D	F	D ↑	F	C
Public Confidence – Total Score	D	D	D	D	D	D	D	D	D	F	C
Confidence that you would be able to find the substance use health service(s) you needed in a timely manner	D	D	D	D	D	D	D	F	D	F	C
Satisfaction – Total Score	F ↓	D	F	F	D	F ↓	F ↓	F	D ↑	D ↑	D
Satisfaction with your provincial government when it comes to accessing substance use health services	F ↓	D	F	F	D	F ↓	F ↓	F	D ↑	D ↑	D
Effectiveness – Total Score	F	D	F	F	F ↓	F ↓	F	F	F	F	D
Thoughts that governments are doing enough to evaluate if Substance Use Health services are working	F	D	F	F	F	F	F	F	F	F	D
TOTAL SUBSTANCE USE HEALTH SCORE	D	D	D	D	D	D	D	F ↓	D ↑	F	C

*Accessed Substance Use Health Services in the past year

GRADE: A+ (9-10) | A (8) | B (7) | C (6) | D (5) | F (1-4)

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

E12: How important do you think it is for Canadians to have timely access to substance use health services? E13: How would you rate Canadians' overall ability to access to publicly-funded substance use health services (i.e., a service in which you do not have to pay for) in your province? E14: How important do you think it is for Canadians to have similar or equal access to Substance Use Health services compared to physical health and mental health care? E15: If you do not have a mental health problem, how confident are you that you would be able to find a health service in your province for your Substance Use Health concerns? E16: How important do you think it is for all levels of government to support access to education for the health workforce on substance use health? E17: If you needed help, how confident are you that you would be able to find the substance use health service(s) you needed in a timely manner? E18: How satisfied are you with your provincial government when it comes to accessing substance use health services? E19: Do you think that governments are doing enough to evaluate if Substance Use Health services are working?

CANADIAN ALLIANCE ON MENTAL ILLNESS AND MENTAL HEALTH

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Canadians under 35 and men feel more positively about substance use health care services

Substance Use Health Score Summary—By Age and Gender

	TOTAL	16-17	18-34	35-54	55+	Male	Female
Base Size	*4044*	*81*	*1069*	*1319*	*1575*	*2007*	*2010*
ACCESS—Total Score	**5.5**	**6.0**	**6.0**	**5.4**	**5.1**	**5.8**	**5.1**
Rating of Canadians' **overall ability to access to publicly-funded substance use health services**	**5.3**	6.0	5.8 ↓	5.3	5.0	5.7	5.0
Confidence that you would be able to find a health service in your prov. for your Substance Use Health concerns	**5.6**	6.0	6.1	5.5	5.2 ↓	5.9	5.2
PUBLIC CONFIDENCE—Total Score	**5.5** ↓	**5.9**	**6.1**	**5.4** ↓	**5.3**	**5.9** ↓	**5.2**
Confidence that you would **be able to find** the substance use health service(s) you needed in a **timely manner**	**5.5** ↓	5.9	6.1	5.4 ↓	5.3	5.9 ↓	5.2
SATISFACTION—Total Score	**4.9** ↓	**5.6**	**5.6**	**4.8** ↓	**4.5** ↓	**5.3** ↓	**4.5**
Satisfaction with your provincial government when it comes to **accessing substance use health services**	**4.9** ↓	5.6	5.6	4.8 ↓	4.5 ↓	5.3 ↓	4.5
EFFECTIVENESS—Total Score	**4.8**	**5.1**	**5.4** ↓	**4.7** ↓	**4.4**	**5.2**	**4.4**
Thoughts that governments are **doing enough to evaluate if Substance Use Health services are working**	**4.8**	5.1	5.4 ↓	4.7 ↓	4.4	5.2	4.4
TOTAL SUBSTANCE USE HEALTH SCORE	**5.2** ↓	**5.7**	**5.8**	**5.1** ↓	**4.8** ↓	**5.6** ↓	**4.8**

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

E12: How important do you think it is for Canadians to have timely access to substance use health services? E13: How would you rate Canadians' overall ability to access to publicly-funded substance use health services (i.e., a service in which you do not have to pay for) in your province? E14: How important do you think it is for Canadians to have similar or equal access to Substance Use Health services compared to physical health and mental health care? E15: If you do not have a mental health problem, how confident are you that you would be able to find a health service in your province for your Substance Use Health concerns? E16: How important do you think it is for all levels of government to support access to education for the health workforce on substance use health? E17: If you needed help, how confident are you that you would be able to find the substance use health service(s) you needed in a timely manner? E18: How satisfied are you with your provincial government when it comes to accessing substance use health services? E19: Do you think that governments are doing enough to evaluate if Substance Use Health services are working?

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While visible minority Canadians feel more positively about substance use care services, the 2SLGBTQ+ community continues to feel less positively

Substance Use Health Score Summary —By Equity Deserving Groups

	TOTAL	Visible Minority	Not Vis/Min	2SLGBTQ+	Not 2SLGBTQ+
Base Size	*4044*	*624*	*3420*	*299*	*3745*
ACCESS—Total Score	**5.5**	**5.8**	**5.4**	**5.0**	**5.5**
Rating of Canadians' **overall ability to access to publicly-funded substance use health services**	**5.3**	5.6 ↓	5.3	4.7	5.4
Confidence that you would be able to find a health service in your prov. for your Substance Use Health concerns	**5.6**	5.9	5.5	5.2	5.6
PUBLIC CONFIDENCE—Total Score	**5.5** ↓	**5.8** ↓	**5.5**	**5.2**	**5.6**
Confidence that you would **be able to find** the substance use health service(s) you needed in a **timely manner**	**5.5** ↓	5.8 ↓	5.5	5.2	5.6
SATISFACTION—Total Score	**4.9** ↓	**5.3** ↓	**4.8** ↓	**4.2**	**5.0**
Satisfaction with your provincial government when it comes to **accessing substance use health services**	**4.9** ↓	5.3 ↓	4.8 ↓	4.2	5.0
EFFECTIVENESS—Total Score	**4.8**	**5.2** ↓	**4.7**	**4.2**	**4.8** ↓
Thoughts that governments are **doing enough to evaluate if Substance Use Health services are working**	**4.8**	5.2 ↓	4.7	4.2	4.8 ↓
TOTAL SUBSTANCE USE HEALTH SCORE	**5.2** ↓	**5.5** ↓	**5.1**	**4.7**	**5.2**

↑ ↓ Significantly higher/lower than 2025 test at a 95% level of confidence.

GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

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Those with alcohol or cannabis dependency feel more positively about substance use health care services

Substance Use Health Score Summary —By Alcohol and Cannabis Dependency

	TOTAL	ALCOHOL DEPENDENCY			CANNABIS DEPENDENCY		
		None	Harmful	Dependent	Normal	Hazardous	Disorder
Base Size	*4044*	*3491*	*322*	*231*	*3654*	*154*	*236*
ACCESS—Total Score	5.5	5.4	5.9	6.2	5.4	5.4	6.1
Rating of Canadians' **overall ability to access to publicly-funded substance use health services**	5.3	5.2	5.7	6.1	5.3	5.5	6.0
Confidence that you would be able to find a health service in your prov. for your Substance Use Health concerns	5.6	5.5	6.0	6.3	5.5	5.4	6.3
PUBLIC CONFIDENCE—Total Score	5.5	5.4	6.0	6.3	5.5	5.4	6.2
Confidence that you would **be able to find** the substance use health service(s) you needed in a **timely manner**	5.5	5.4	6.0	6.3	5.5	5.4	6.2
SATISFACTION—Total Score	4.9	4.7	5.4	6.1	4.8	4.8	6.0
Satisfaction with your provincial government when it comes to **accessing substance use health services**	4.9	4.7	5.4	6.1	4.8	4.8	6.0
EFFECTIVENESS—Total Score	4.8	4.6	5.2	6.0	4.7	4.6	5.8
Thoughts that governments are **doing enough to evaluate if Substance Use Health services are working**	4.8	4.6	5.2	6.0	4.7	4.6	5.8
TOTAL SUBSTANCE USE HEALTH SCORE	5.2	5.0	5.6	6.2	5.1	5.1	6.0

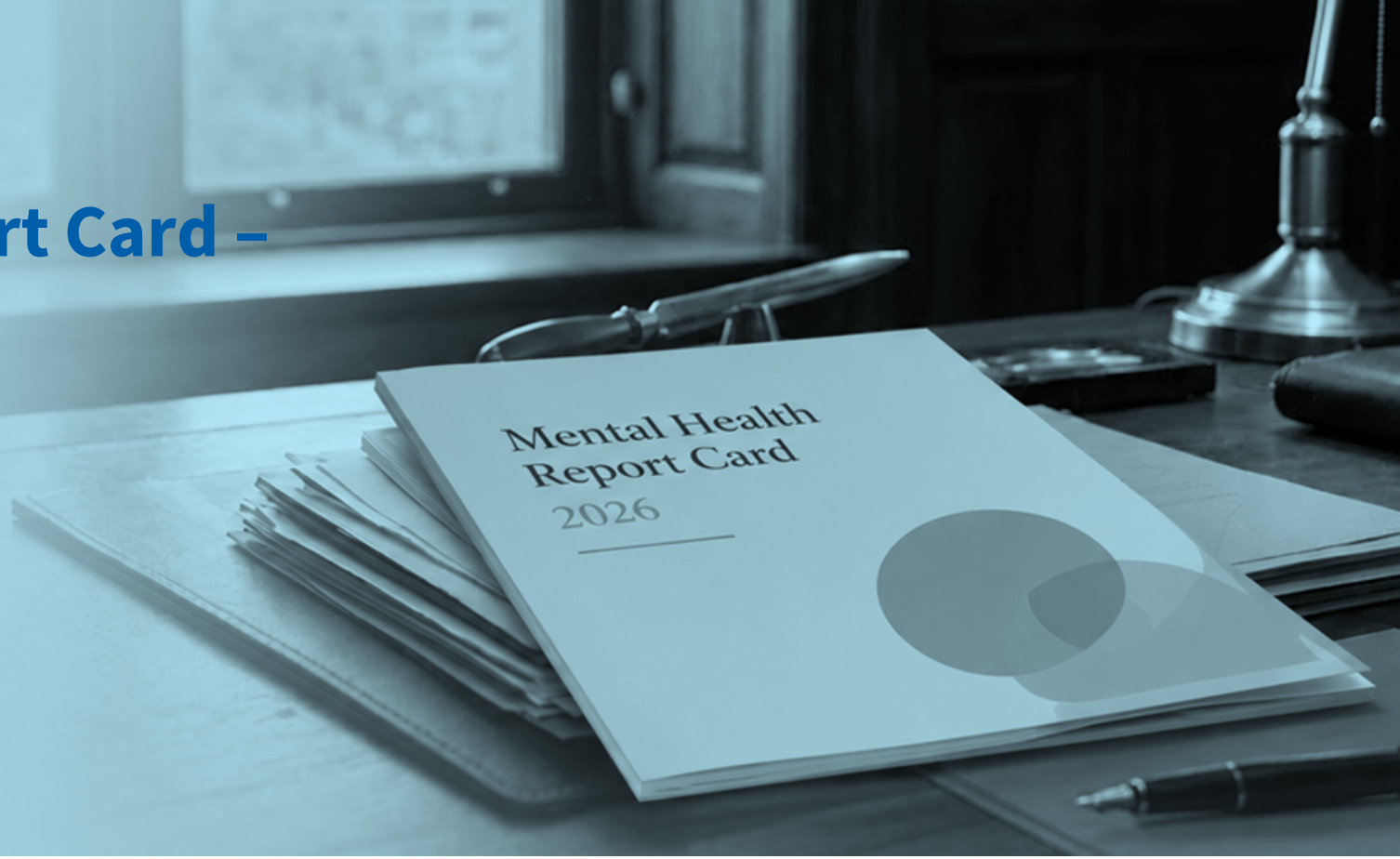
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GRADE: **A+** (9-10) | **A** (8) | **B** (7) | **C** (6) | **D** (5) | **F** (1-4)

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